

100 PHRASES

<u>1. Travel, Airport, Customs</u>	
1. <i>Please help me, I'm lost.</i>	
2. I am a Rotary Youth Exchange student from the United States.	
3. <i>Where is the bathroom?</i>	
4. Here is my passport and my visa.	
5. I have nothing to declare.	
6. Please help me, my bags are lost.	
7. I need to convert some money.	
8. Please help me make a phone call.	
9. I need to change my flights.	
10. I missed my connection.	
<u>2. Shopping</u>	
1. How much does this cost?	
2. Where are the pants, dresses, shoes located?	
3. Do you accept credit cards?	
4. What is the size?	
5. I'm looking for U.S. size 6.	
6. Do you have this in small/medium/large?	
7. I'd like to place an order.	
8. What time does this store close?	
9. I need to buy some winter/summer clothes.	
10. Can this item be shipped?	
<u>3. Banking and Money</u>	
1. I'm sorry, I don't have any money.	
2. Where is the nearest ATM?	
3. What is today's conversion rate?	
4. How can I wire money from the U.S.?	
5. I cannot withdraw money from my account.	
6. My ATM card doesn't work.	
7. How much is \$100 U.S. dollars worth?	
8. Please cash my Rotary check.	
9. I will pay in cash/credit card.	

10. The ATM ate my card!	
<u>4. Food and Eating</u>	
1. This breakfast/lunch/dinner was delicious! Thank you so much!	
2. What are the ingredients in this dish?	
3. I am allergic to seafood/nuts/dairy. I cannot eat this, I am sorry.	
4. Is the gratuity included?	
5. May I have some water, please?	
6. No more, thank you! I have had enough.	
7. This is delicious. May I have some more?	
8. May I have a napkin, please?	
9. I am ready for the check.	
10. May I help you prepare the meal?	
<u>5. Local Customs</u>	
1. <i>What number do I dial in an emergency (911)?</i>	
2. My Rotary Club has a community service project.	
3. Tell me about your local government.	
4. Tell me about your important local customs.	
5. I need to understand so I don't offend.	
6. How do you celebrate Christmas? Thanksgiving?	
7. Please correct me if I am wrong/do something incorrectly.	
8. What team sports are available in town?	
9. I'd like to go to church.	
10. Where can I get my computer serviced?	
<u>6. Manners, Thanks and Apologies</u>	
1. Very pleased to meet you!	
2. <i>Thank you very much!</i>	
3. May I help you?	
4. I am so sorry, please forgive me.	
5. <i>Yes, I'd love to!!</i>	
6. I don't understand.	
7. I'm sorry, I'm confused.	
8. Could you speak slower please?	

9. Please write the word down/spell it.	
10. Thanks for inviting me! I had a great time.	
<u>7. Local Transportation</u>	
1. Where is the nearest bus/tram/train/metro station?	
2. How much does a ticket cost to ____ ?	
3. How much does a return ticket cost?	
4. Is there a student fare?	
5. How can I buy a ticket?	
6. How do I hail a cab?	
7. Is it safe to ride the subway?	
8. Please tell me when we reach my stop.	
9. I don't understand this subway map.	
10. When does the bus/train/tram arrive?	
<u>8. Adult Talk vs Teen Talk</u>	
1. Do you want to hang out after school?	
2. Yes ma'am. No thank you, sir.	
3. Do you have plans for the weekend?	
4. That's really cool!	
5. Oh no, I messed up.	
6. What's your cell phone number?	
7. What's playing at the cinema?	
8. Do you want to go to the concert/movies/dance?	
9. Is it okay to _____?	
10. I'm really bugged/homesick/angry/happy.	
<u>9. School</u>	
1. I have math/science/history now.	
2. Can you help me find my class? I'm lost!	
3. What is the teacher's name?	
4. What time does class begin/end?	
5. I need help with homework.	
6. What is the answer to question 12?	
7. What team sports are available?	

8. This class is too difficult for me.	
9. The teacher speaks too fast. I don't understand.	
10. I have to study for the test.	
<u>10. Home and Host Families</u>	
1. Hi Mom, I'm home!	
2. Where is my brother/sister/aunt/uncle/grandmother/grandfather?	
3. Please help me do my laundry.	
4. May I help myself to food and drinks?	
5. May my friend spend the night?	
6. Happy Birthday! Happy Anniversary!	
7. I volunteer to wash the dishes.	
8. I'm sad and lonely; I miss my family.	
9. Tonight I'm going to have dinner at Candela's house.	
10. How do I reach you during the day?	